



श्री शाहू छत्रपती शिक्षण संस्थेचे
श्री शहाजी छत्रपती महाविद्यालय, कोल्हापूर
महिला सबलीकरण कक्ष व आय. क्यू. ए. सी
यांच्या संयुक्त विद्यमाने आयोजित

Lecture on "Wisper Choice: My Voice, My Choice"

❖ कार्यक्रम पत्रिका ❖

- | | | |
|---------------------------------|---|--|
| ❖ कार्यक्रमाची सुरवात | : | महाविद्यालयाची प्रार्थना |
| ❖ स्वागत व प्रास्ताविक | : | डॉ. एस. एस. राठोड
अध्यक्ष, महिला सबलीकरण कक्ष |
| ❖ प्रमुख पाहुण्यांचे मार्गदर्शन | : | सौ. निकिता परदेशी |
| ❖ अध्यक्ष | : | प्राचार्य डॉ. आर. के. शानेदिवाण
प्राचार्य, श्री शहाजी छत्रपती महाविद्यालय |
| ❖ आभार | : | डॉ. एस. व्ही. मोरे |
| ❖ सूत्रसंचालन | : | प्रा. पी. पी. भाटे |

○ दिनांक व वेळ ○

मंगळवार, २३ सप्टेंबर २०२५
सकाळी १०.०० वाजता

○ स्थळ ○

रूम नं. ३८
श्री शहाजी छत्रपती महाविद्यालय, कोल्हापूर



Shri Shahu Chhatrapati Shikshan Sanstha's
SHRI SHAHAJI CHHATRAPATI MAHAVIDYALAYA

2968, 'C' Dasara Chowk, Kolhapur - 416 002.

Affiliated to - Shivaji University, Kolhapur-416 004, Maharashtra

Accredited by NAAC (3rd Cycle) with Grade 'A' (CGPA-3.13)

Estd. 1971

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Programme Report: 2025-2026

Day: Tuesday

Date: 23-09-2025

Time: 09:00 am onwards

1. Name of the Department : Women Empowerment Cell
2. Name of the Programme : Lecture on "Wisper Choice: My Voice, My Choice"
3. Objectives of the Programme :
 - 1) To spread awareness about menstrual hygiene and the importance of using sanitary napkins for health and safety.
 - 2) To educate girls about the correct method of using and disposing of sanitary napkins.
 - 3) To remove myths, shame, and hesitation related to menstruation through open discussion.
4. Outcomes of the Programme :
 - 1) Increased awareness among girls about menstrual hygiene and safe practices.
 - 2) Participants learned proper hygiene habits and disposal techniques for sanitary napkins.
 - 3) Reduced hesitation and promoted positive attitude towards menstrual health and hygiene.
5. Brief Summary of the Programme :

Woman Empowerment Cell organizes Lecture on "Wisper Choice: My Voice, My Choice". The main objective of this lecture was to create awareness among girls and women about menstrual hygiene, health, and confidence. It aimed to guide them on the proper use, importance, and benefits of Wisper sanitary napkins. This Lecture was very well presented by the trainers Mrs. Nikita Pardeshi. The resource person explained the physical changes during menstruation. Detailed guidance was given on how to properly use a sanitary napkin, how often to change it, and how to dispose of it safely. The lecture successfully helped students overcome hesitation and misconceptions about menstruation. They understood the importance of personal hygiene and self-care. Following the slogan "My Voice, My Choice," the session motivated young women to take responsibility for their own health and comfort. The President of the programme Principal of College Dr. R. K. Shanediwan gave presidential speech. In the introduction of this program, Prof. Dr. S. S. Rathod gave information about the Women Empowerment Cell, the work and purpose of the committee, along with various activities, training classes, competitions, cultural programs etc. Comparing was done by Miss. P. P. Bhate and Dr. S. V. More gave vote of thanks.


Prof. Dr. S. S. Rathod

Coordinator, Women Empowerment Cell

Women Empowerment cell

मंगळवार दिनांक 23/09/25 रोजी "wisper choice :-
My voice , My choice" या उपक्रमाअंतर्गत आरोग्य विषयक
माहिती देताना माहितीदात्री सौ. निकिता परदेशी



Shri Shahu Chhatrapati Shikshan Sanstha's
Shri Shahaji Chhatrapati Mahavidyalaya, Kolhapur

Name of the Department: Women Empowerment Cell

Name of the Activity: विविध कोर्समधे भागदरजा व प्रत्यक्ष / 'Whisper choice' My Voice, my choice

Day: मंगळवार

Date: 23/09/25

Time: 00.09 am to 12.00

Total Count:

Attendance Sheet

Sr.	Name of the Beneficiary Student	Class	Roll No.	Signature
1.	Vaishnavi Yuvraj Sutar	B.A-I	252	<u>Sutar</u>
2.	Siddhi Rajaram Patil	B.A-I	224	<u>S.R.Patil</u>
3.	Kalyani Jagannath Patil	B-com III	42	<u>Patil</u>
4.	Namrata Dhanaji Patil	B.A-I	209	<u>N.D.Patil</u>
5.	Ankita Hindurao Natule	B.A-I	199	<u>ANNATULE</u>
6.	Janhavi Rajendra Patil	BCA-III	60	<u>Patil</u>
7.	Alfiya Moula Shaikh	B.A-I	255	<u>Shaikh</u>
8.	Tasmiya Faiyaz Momin	B.A-I	148	<u>Tasmiya</u>
9.	Manjusha Namdev Patil	B.com II		<u>M.Patil</u>
10.	Sai Abaso Patil	B.com II		<u>S.Patil</u>
11.	Samruddhi B. Jadhav	BCA III	22	<u>S.Jadhav</u>
12.	Shatayu Ravindra patil	B.com II		<u>S.R.Patil</u>
13.	Shravanani Anil Patil	B.C.A. III	69	<u>Patil</u>
14.	Dipali Shamrao Gosavi	B.A-II	557	<u>D.Gosavi</u>
15.	Tejuti Ravindra Sutar	B.Com I	218	<u>T.R.S</u>
16.	Manasi Shivaji Koli	B.com I	224	<u>P.Koli</u>
17.	Namrata Shankar Kumbhar	BCA III	37	<u>N.K.</u>
18.	Pratiksha K. Koundale	BCA III	34	<u>(K)</u>
19.	Asmita Sachin Ambi	B.com I	123	<u>Asmita</u>
20.	Mitali Sanjay Bhoir	B.Com I	06	<u>Mitali</u>

21]	Rutuja Vasant patil	B.com III	47	Asa
22]	Bhagyashree Vishnu patil	B.com III	41	<u>B. Patil</u>
23]	Mayuri Shashikant Mohite	B.A.I	114	M. Mohite
24]	Afrin Sameer desai	B.A.I	23	<u>Desai</u>
25]	Khushi pannalal Das	11 th Com	63	<u>K. S.</u>
26]	Janhavi Rangrao Patole	11 th Com	175	<u>J.P.</u>
27]	Shravani Rohit Buchade	11 th Com	52	<u>S. Buchade</u>
28]	Dipti Amar Raut	11 th Com	230	<u>D. Raut</u>
29]	Payal Nitin Gaikwad	11 th Com	250	<u>P. Gaikwad</u>
30]	Samruddhi Amar Lohar	11 th com	128	<u>S. Lohar</u>
31]	Yogita rangrao kamble	11 th com	110	<u>V. R. K.</u>
32]	Samruddhi Sampat Patil	B.A.I	218	<u>S.S.P.</u>
33]	Dipa Dagadu kamble	B.A.I	63	<u>D.D.K.</u>
34]	Sahika Daddu Patil	B.A.I	220	<u>S.D.P.</u>
35]	Nikita Ravindra Komble	B.A.II	101	<u>N.K.</u>
36]	Anjali Dattatray Kamble	B.A.I	60	<u>A.D. Kamble</u>
37]	Shreya sunil halvankar	11 th com	83	<u>S.H.</u>
38]	Monika ramu Yadav	11 th com	216	<u>M.R.Y.</u>
39]	Shital Sahdeep Hegade	11 th com	84	<u>S.S. Hegade</u>
40]	Palachhin saresh kamble	B.C.A 1 st		<u>P.S. kamble</u>
41]	Sanika Mahadev Hajare	B.C.A - II	05	<u>S. Hajare</u>
42]	Uma Trimurthinath Patil	B.C.A - II	29	<u>U.T. Patil</u>
43]	Priyanka Dilip Raval	B.C.A - II	33	<u>P. Raval</u>
44]	Nandini Ajit Khade	B.C.A - II	13	<u>N. Khade</u>
45]	Priyanka Dilip Raval	B.C.A - II	33	<u>P. Raval</u>
46]	Sapana Rahul Jadhav	B.C.A - II	07	<u>S. Jadhav</u>
47]	Sakshi S. Mohite	B.C.A - II		<u>S. Mohite</u>
48]	Arpita Ramesh Patil	B.C.A - II	22	<u>A. Patil</u>
49]	Priyanka satappa Patil	B.com III		<u>P.S. Patil</u>

50)	Sayali Sanjay Dhanawade	B.com III		SSD
51)	Sayali Krishnat Dhavale	B.com II		SSD <u>SSD</u>
52)	Khushbu Dastgir Khasbag	B.com II		SSD <u>Khushbag</u>
53)	Sakshi Suchin Budake	B.com II		SSD <u>Budake</u>
54)	Tanavi Tanaji Chavan	B.com II		T.T.C
55)	Rasika Shashikant Surve	BCA II		<u>SSC</u>
56)	Uma Sajid Shaikh.	B.A. II		<u>U.S. Shaikh</u>
57)	Aksha Galim Khatik...	B.A. II		<u>Aksha</u>
58)	Gayatri Babasa Kore	BCA II		<u>G.B. Kore</u>
59)	Shravan Santosh Bhivare	B.A. I		<u>S.S. Bhivare</u>
60)	Aishwarya Bajirao Dalvi	B.A. I		<u>AB Dalvi</u>
61)	AKShata Anil Kamble	B.A. II		<u>AKShata</u>
62)	Sanika Lalaso Unhale	B.A. II		<u>SS Patil</u>
63)	Sweta Shivaji Gadavekar	B.A. II		<u>SSG</u>
64)	Namrata Daji Patil	B.com 1 st		<u>N.D. Patil</u>
65)	Manasi Gajanan Tarate	BA I		<u>Manasi</u>
66)	Diya Pandurang Patil	BA I		<u>D.P. Patil</u>
67)	Anushka Ganesh Mane	1 st Com		<u>A.G. Mane</u>
68)	Tejaswini Abhijeet Shingade	1 st Com		<u>Tejaswini</u>
69)	Dipali Kuber Hankare	1 st Com		<u>Dhankare</u>
70)	Adah Ashpak Mujawar	B.A. II		<u>Amujawar</u>
71)	Mariyam M. Gous Bag	1 st Arts		<u>M.M. Bagwan</u>
72)	Arpita Vijay Sunkpal ^{can}	1 st Com(B)	194	<u>Arpita</u>
73)	Manasi Balaram Mane	B.A. I		<u>Manasi</u>
74)	MADHURA D. Kore	B.A. II	112	<u>M.D. Kore</u>
75)	Dhanshri Prabhakar Dhoble	B.A. I	126	<u>DP Dhoble</u>
76)	Arshita Bajirav Gueav	B.A. I	128	<u>Arshita</u>
77)	Siddhi Sudhakar Chopale	B.A. I	14	<u>Siddhi</u>
78)	Pranali Sambhaji Yadav	B.com I	185	<u>Pranali</u>
79)	Dhanashree Manuti More	B.com I	110	<u>Dmore</u>
80)	Shruti Pratap Patil	1 st	166	<u>S.P. Patil</u>